Pre-Travel Checklist			
1	Ens	ure Passport is current and has at least 6 months of validity remaining	
2	Purc	chase airline tickets. Below are listed a couple guidelines if using a shuttle service.	
		Plan your arrival time to be NO LATER than 1pm Costa Rica local time if planning a shuttle service	
		Plan your departure time to be NO EARLIER than 12pm Costa Rica local time if using a shuttle service	
3	Noti	fy your bank of travel outside of the U.S.	
4	Enro	Il in STEP (Optional). Use the below address for Camp Zen Commando:	
		Address:	
		Address Line 1/Location Name:	
		Laguna Savegre A La Par de Quebrada, Sea Breeze Farms	
		Address Line 2:	
	(City:	
	l	Savegre	
	1	Province:	
	ļ	Puntarenas	
		Postal Code:	
	l	Country:	
	Ì	Costa Rica	
	l		
5	Che	ck latest Costa Rica entry requirements at the Costa Rica Ministry of Tourism website	
6	Check latest United States entry requirements at the Department of State International Travel website		
7	Dow	nload the following helpful mobile applications (optional, but highly recommended)	
		Whatsapp	
		Uber	
		Google Translator	
		Waze	
		Currency Convertor	
8	Pac	k according to the Packing List	
9	Con	nplete and return any required forms as prescribed	
		Application and Hold Harmless Agreement	
		Pre-Course Questionnairre	
10	Review the Camp Zen Commando Travel packet		
11	-	Purchase Travelers Insurance as required	
12	Ens	ure you have a hard copy of your return flight itinerary to present to Costa Rican immigration upon arrival	